



OAOS 2026 ANNUAL ORTHOPAEDIC CONFERENCE

FOUNDATIONS + FRONTIERS IN ORTHOPAEDIC SURGERY

SEPTEMBER 25-26, 2026 | HOOD RIVER, OR



OREGON
ASSOCIATION OF
ORTHOPAEDIC SURGEONS

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AAOS
AMERICAN ACADEMY OF
ORTHOPAEDIC SURGEONS

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OAOS 2026 ANNUAL ORTHOPAEDIC CONFERENCE

SEPTEMBER 25-26, 2026

President's Welcome Letter

Welcome to the OAOS 2026 Annual Orthopaedic Conference: Foundations & Frontiers in Orthopaedic Surgery! We are delighted to welcome you to this year's in-person meeting and look forward to sharing an engaging program that highlights the latest advances and challenges in the ever-evolving field of orthopaedics.

This conference would not be possible without the dedication of our Board, Planning Committee, and staff, whose time and expertise have shaped this year's program. We extend special appreciation to our Planning Committee for their leadership in curating an outstanding educational experience.

We are also grateful for the generous support of our 2026 exhibitors, sponsors and grant supporters. We encourage you to visit the exhibit hall during the conference to explore innovations in equipment, software, pharmaceuticals, and other orthopaedic products that support excellence in patient care.



To claim your CME credit, please remember to complete the online Course Evaluation. Attendees are eligible for up to **12 AMA PRA Category 1 Credits™**. Your CME certificate will be emailed upon submission of the evaluation.

If you have any questions during the meeting, please reach out to me or any member of the OAOS staff—we are here to ensure you have a productive and enjoyable conference.

Sincerely,
Elizabeth Lieberman, MD
OAOS President

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Oregon Association of Orthopaedic Surgeons. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Statement:

The American Academy of Orthopaedic Surgeons designates the Oregon Association of Orthopaedic Surgeons 2026 Annual Orthopaedic Conference, September 25-26, 2026, in Hood River, OR (live activity) for a maximum of **12 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Policy:

In accordance with the requirements of the ACCME, each instructor, staff, planning committee member, and all in control of content for this continuing education activity, have disclosed any affiliations with, or financial interests in ineligible companies whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients with which you have a relevant financial relationship now, or within the prior 24 months. **All relevant financial relationships have been mitigated.**

DISCLOSURES

FACULTY MEMBERS

Gregory Brown, MD (Submitted on: 6/25/2026)
Fiduciary Officer: Oregon Association of Orthopaedic Surgeons
Stock: Prichard Medical
Board or Committee Member: Pride Ortho

Jeff Feinblatt, MD (Submitted on: 6/20/2026)
Consultant: ACUMED LLC, GLW, LLC

Wilford K. Gibson, MD (Submitted on: 4/4/2026)
Stock: Tidewater Physicians ASC
Employment: Atlantic Orthopaedic Specialists
Board or Committee Member: AAOS/President
Editorial or Governing Board: President of AAOS

Kenneth Robert Gundle, MD (Submitted on: 3/19/2026)
Clinical Trials - Principal Investigator: Presage Biosciences, Springworks Therapeutics
Board or Committee Member: Musculoskeletal Tumor Society, Finance Committee
Editorial or Governing Board: Associate Editor at Clinical Orthopaedics & Related Research

Heather Kong, MD (Submitted on: 11/3/2025)
Fiduciary Officer: Ruth Jackson Orthopedic Society
Board or Committee Member: Ruth Jackson Orthopedic Society-Education Committee Chair

Elizabeth Lieberman, MD (Submitted on: 4/2/2026)
Fiduciary Officer: OAOS, Foundation for Physician Advancement, Ruth Jackson Orthopedic Society
Consultant: Zimmer Biomet Holdings, Inc.
Employment: Arthroplasty Today
Board or Committee Member: RJOS - Secretary, OAOS - President, FPA - Board Member
Editorial or Governing Board: Arthroplasty Today Social Media Editor

Clifford Lin, MD (Submitted on: 8/24/26)
Consultant: Kuros Biosciences

James E.W. Meeker, MD (Submitted on: 2/10/2024)
Board or Committee Member: American Orthopaedic Foot and Ankle Society

Mark Mildren, MD (Submitted on: 8/25/2025)
Board or Committee Member: OAOS

Adam Mirarchi, MD (Submitted on: 5/17/2026)
Stock: Axocell
Consultant: Acumed

Chinmay Paranjape, MD (Submitted on: 11/4/2025)
Paid Consultant: Medtronic

Ron Turker, MD (Submitted on: 11/5/2025)
IP Royalties: The Wandering Jew of St. Salacious - Novel
Board of Directors or Committee: Silver Service Children's Foundation

Nicholas S. Tedesco, MD (Submitted on: 4/2/2026)
Stock: Doctorpedia; ROMTech
IP Royalties: Sonara MedTech
Board or Committee Member: AAOS
Editorial or Governing Board: Journal of the American Osteopathic Academy of Orthopedics

Stephen Wallace, MD (Submitted on: 4/28/2026)
Consultant: DePuy Synthes Products, Inc.; Globus Medical, Inc.

Kimberly L. Workman, MD (Submitted on: 09/04/2024)
Board or Committee Member: Oregon Association of Orthopaedic Surgeons

These faculty members reported nothing to disclose:

Ahmad Fouad Bayomy, MD (Submitted on: 5/29/2026)
Melissa Cox, PT, DPT (Submitted on: 6/9/2026)
Maxine Dexter, MD (Submitted on: 7/7/2026)
Kimberly Hall, MD (Submitted on: 4/16/2025)
Quincy John, MD (Submitted on: 6/11/2026)
Jason Brian Kurian, MD (Submitted on: 6/26/2026)
Matteo Leggett, JD (Submitted on: 6/21/2026)
Robert M Orfaly, MD (Submitted on: 4/11/2026)
Andrew Young, MD (Submitted on: 6/7/2026)
Natalie Lacey Zusman, MD (Submitted on: 12/1/2025)

PLANNING COMMITTEE DISCLOSURES

Justin N. Brohard, DO (Submitted on: 6/26/2026)
Board of Directors or Committee Member: OAOS

Graham DeKeyser, MD (Submitted on: 3/30/2026)
Consultant: Stryker Corporation, Smith & Nephew, Inc.
Editorial or Governing Board: Foot & Ankle International - Specialty Content Editor

Elizabeth Lieberman, MD - see disclosure on this page

Mark Mildren, MD - see disclosure on this page

Kathryn Schabel, MD (Submitted on: 7/3/2026)
Research Support: Zimmer Biomet Holdings, Inc.
Board/Committee Member/BOC Rep: AAOS, Western Orthopedic Association, OAOS
Fiduciary Officer: Western Orthopedic Association, OAOS
Editorial or Governing Board: Western Orthopaedic Association, OAOS
Health Evidence Review Commission: Oregon Health Authority

These planning committee members reported nothing to disclose:

Elizabeth Ackerman, MD (Submitted on: 8/11/2026)
Craig Gillis, DO (Submitted on: 8/5/2025)
Natalie Lacey Zusman, MD (Submitted on: 12/1/2025)

STAFF DISCLOSURES

These individuals reported nothing to disclose:

Shelley Marie Shirley, BS (Submitted 7/15/2025)
Sabrina Riggs, BS (Submitted 7/29/2025)

AGENDA

FRIDAY | SEPTEMBER 25, 2026

7:00-7:30 AM	REGISTRATION/BREAKFAST/EXHIBITOR VISITS - GORGE ROOM	
Panel #1	The State of Orthopaedics - Trillium Room	Moderator: Robert Orfaly, MD
7:30-7:50 AM	AAOS 2026 Update - NON-CME	Wilford Gibson, MD, FAAOS
7:50-8:10 AM	Teaching, Service, and Leadership Opportunities Beyond Clinical Practice	Robert Orfaly, MD, MBA, FAAOS
8:10-8:30 AM	Preparing for Medicare Payment Challenges in Orthopaedic Practice	Wilford Gibson, MD, FAAOS
8:30-9:00 AM	Evidence Based Medicine Reform	Gregory Brown, MD, PhD
9:00-9:10 AM	10-Minute Q&A	
9:10-9:40 AM	BREAK/EXHIBITOR VISITS - GORGE ROOM	
Panel #2	The Business of Medicine - Trillium Room	Moderator: Justin Brohard, DO
9:40-10:00 AM	Not All Your Eggs in One Basket: Reducing Financial Vulnerability for Career Sustainability	Kimberly Workman, MD, FAAOS, FAOFAS
10:00-10:20 AM	Top Malpractice Pitfalls in Orthopaedics and How to Avoid Them	Matteo Leggett, JD
10:20-10:30 AM	10-Minute Q&A	
Panel #3	Frontiers in Orthopaedics - Trillium Room	Moderator: Gregory Brown, MD, PhD
10:30-10:50 AM	AI in the Orthopaedic Clinical Workflow	Chinmay Paranjape, MD
10:50-11:35 AM	Multimodal Analgesia in Orthopedics	Andrew Young, MD, MBA
11:35-11:55 AM	There's No Place Like Home: Optimizing Site of Care and Length of Stay in Orthopaedic Surgery	Adam Mirarchi, MD
11:55-12:05 PM	10-Minute Q&A	
12:05-1:00 PM	LUNCH EXHIBITOR VISITS - GORGE ROOM	
Panel #4	Foundations in Orthopaedics - Trillium Room	Moderator: Kathryn Schabel, MD
1:00-1:20 PM	The Doctor Will See You Now: Why Surgeon Judgment Still Matters in the Era of Robotic Surgery	Mark Mildren, MD
1:20-1:40 PM	The Practice of Medicine: Orthopaedic Education Past & Present	Kenneth Gundle, MD
1:40-1:50 PM	10-Minute Q&A	
Panel #5	Put Me in Coach! - Trillium Room	Moderator: Mark Mildren, MD
1:50-2:05 PM	Non-Mainstream Sports Coverage	Kimberly Hall, MD
2:05-2:25 PM	Sideline Preparedness for Youth and High School Sports	Quincy John, MD
2:25-2:45 PM	Youth Sports Specialization: Who Wins?	Ahmad F. Bayomy, MD
2:45-3:05 PM	Patient Compliance: How Do We Monitor Recovery?	Melissa Cox, PT, DPT, SCS
3:05-3:15 PM	10-Minute Q&A	
3:15-3:30 PM	BREAK/EXHIBITOR VISITS - GORGE ROOM	
Panel #6	Now vs Then in Orthopaedics - Trillium Room	Moderator: Elizabeth Ackerman, MD
3:30-4:10 PM	Ankle Fracture Management: Current Evidence, Evolving Techniques, and Clinical Controversies	James Meeker, MD
4:10-4:30 PM	Navigating Tumors: From Technique to Technology	Nicholas Tedesco, DO, FAAOS
4:30-4:50 PM	Adult Spine Deformity: Evolution of Treatment Approach	Clifford Lin, MD
4:50-5:00 PM	10-Minute Q&A	
5:00-6:00 PM	RECEPTION - GORGE ROOM	

AGENDA

SATURDAY | SEPTEMBER 26, 2026

7:30-8:00 AM	REGISTRATION/BREAKFAST/EXHIBITOR VISITS - GORGE ROOM	
Panel #7	Innovations - Hype or Here to Stay? - Trillium Room	Moderator: Craig Gillis, DO
8:00-8:20 AM	Stemmed vs. Stemless in Shoulder Arthroplasty	Jason Kurian, MD
8:20-8:40 AM	Built, Not Born: Modern Limb Lengthening	Stephen Wallace, MD
8:40-9:00 AM	Hype or Here to Stay: Minimally Invasive Foot and Ankle Surgery	Jeffrey Feinblatt, MD
9:00-9:10 AM	10-Minute Q&A	
Panel #8	Advocacy in Orthopaedics - Trillium Room	Moderator: Elizabeth Lieberman, MD
9:10-9:35 AM	Physician Advocacy - NON-CME	Congresswoman Maxine Dexter, MD
9:35-9:45 AM	Annual Business Meeting - NON-CME	Elizabeth Lieberman, MD
9:45-9:55 AM	Oregon Legislative Update - NON-CME	Sabrina Riggs
9:55-10:25 AM	BREAK/EXHIBITOR VISITS - GORGE ROOM	
Panel #9	Checking In & Changing Gears - Trillium Room	Moderator: Natalie Zusman, MD
10:25-10:55 AM	Surgeon Well-Being	Gregory Brown, MD, PhD
10:55-11:15 AM	Physical Conditioning for the Orthopaedic Surgeon	Elizabeth Lieberman, MD
11:15-11:45 AM	Update on the Care Revolution: Writing Ourselves Back Into the Story	Ron Turker, MD
11:45-11:55 AM	10-Minute Q&A	
Panel #10	Who Let the Dogmas Out? - Trillium Room	Moderator: Justin Brohard, DO
11:55-12:15 PM	"Bones Heal if We Fix Them" – Limb Salvage in Complex Trauma, Bone Loss, and Nonunion	Stephen Wallace, MD
12:15-12:35 PM	"Kids Will Remodel Anything" – Pediatric Fracture Remodeling: When Observation Is Not Enough	Heather Kong, MD
12:35-12:45 PM	10-Minute Q&A	
12:45-1:30 PM	LUNCH/EXHIBITOR VISITS - GORGE ROOM	
Panel #11	Rapid Fire - What's new in... Top 5 in 5 - Trillium Room	Moderator: Elizabeth Lieberman, MD
1:30-1:35 PM	Spine	Clifford Lin, MD
1:35-1:40 PM	Foot and Ankle	Jeffrey Feinblatt, MD
1:40-1:45 PM	Sports	Jason Kurian, MD
1:45-1:50 PM	Shoulder	Jason Kurian, MD
1:50-1:55 PM	Joints	Mark Mildren, MD
1:55-2:00 PM	Tumor	Kenneth Gundle, MD
2:00-2:05 PM	Trauma	Stephen Wallace, MD
2:05-2:10 PM	Pediatrics	Natalie Zusman, MD
2:10-2:30 PM	20-Minute Q&A	
2:30 PM	ADJOURN	

FRIDAY CME: 7.5
SATURDAY CME: 4.5
TOTAL CME: 12.0

2026 FACULTY



WILFORD K. GIBSON, MD, FAAOS AAOS President, Atlantic Orthopaedic Specialists

Wilford K. Gibson MD FAAOS is a partner at Atlantic Orthopaedic Specialists in Virginia Beach, Virginia. Dr. Gibson graduated cum laude from the University of Richmond where he competed in the hurdles and sprint relays on the University Division I track team. He received his Doctor of Medicine from the Medical College of Virginia followed by a surgery internship at Naval Medical Center Portsmouth. Lieutenant Gibson received orders to the USS Nassau, an amphibious assault ship, for Caribbean and Mediterranean deployments, receiving several awards including the Navy Commendation Medal, National Defense Service Medal, Meritorious Unit Commendation, Battle "E" and sea service ribbons.

He returned to Portsmouth for his orthopaedic surgery residency. Dr. Gibson was a Navy fellow in orthopaedic trauma at Tampa General Hospital with Dr. Roy Sanders and pelvis and acetabulum AO fellow in Los Angeles with Dr. Joel Matta. He led the orthopaedic trauma service at NMCP before starting his civilian practice at Eastern Virginia Medical School and AOS. Dr. Gibson currently focuses his practice on adult reconstruction of the hip and knee, specializing in minimally invasive approaches, robotics, and patient-specific systems. He volunteers as a team physician for Old Dominion University football and basketball.

Dr. Gibson has been engaged in AAOS leadership for over a decade, beginning with the BOC as a Councilor from Virginia. He was elected BOC Secretary and progressed to chair-elect and chair, serving three years on the AAOS Board of Directors. He recently served as AAOS Advocacy Council chair and served on the AAOS Political Action Committee Executive Committee. Dr. Gibson received the 2014 Virginia Orthopaedic Society (VOS) President's Award, the 2015 VOS Career Lifetime Achievement Award, and the 2022 AAOS Congressional Ambassador of the Year Award.



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Portland, OR



Gregory Brown, MD, PhD
Adventist Health
Portland, OR



Melissa Cox, PT, DPT, SCS
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Jeff Feinblatt, MD
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2026 FACULTY



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