



OAOS 2025 ANNUAL ORTHOPAEDIC CONFERENCE

THE AGING SPECTRUM

IN ORTHOPAEDICS

September 26-27, 2025

Hyatt Regency Portland at the Oregon Convention Center
375 NE Holladay Street | Portland, OR 97232

2025 PROGRAM



OREGON
ASSOCIATION OF
ORTHOPAEDIC SURGEONS

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AAOS
AMERICAN ACADEMY OF
ORTHOPAEDIC SURGEONS

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OAOS Executive Officers:

Kathryn Schabel, MD
President

Elizabeth Lieberman, MD
Vice President

Craig Gillis, DO
Secretary-Treasurer

Tamara S. Simpson, MD
Past President

AAOS BOC Representative
Elizabeth Lieberman, MD

OAOS Planning Committee:

Craig Gillis, DO
Andrea Herzka, MD
Elizabeth Lieberman, MD
Kathryn Schabel, MD
Sudeep Taksali, MD

OAOS Board Members:

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Robert Orfaly, MD
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Natalie Zusman, MD

OAOS Staff

Amanda Dalton, JD
Executive Director

Sabrina Riggs
Senior Legislative Advocate

Shelley Shirley & Amy Chartier
Events & Membership

OREGON ASSOCIATION OF ORTHOPAEDIC SURGEONS
**OAOS 2025 Annual
Orthopaedic Conference**

SEPTEMBER 26-27, 2025

President's Welcome Letter

Welcome to the OAOS 2025 Annual Orthopaedic Conference! We are delighted to welcome you to this year's in-person meeting and look forward to sharing an engaging program that highlights the latest advances and challenges in the ever-evolving field of orthopaedics.

This conference would not be possible without the dedication of our Board, Planning Committee, and staff, whose time and expertise have shaped this year's program. We extend special appreciation to our Planning Committee for their leadership in curating an outstanding educational experience.

We are also grateful for the generous support of our 2025 exhibitors and sponsors. We encourage you to visit the exhibit hall during the conference to explore innovations in equipment, software, pharmaceuticals, and other orthopaedic products that support excellence in patient care.



To claim your CME credit, please remember to complete the online Course Evaluation. Attendees are eligible for up to **12.5 AMA PRA Category 1 Credits™**. Your CME certificate will be emailed upon submission of the evaluation.

If you have any questions during the meeting, please reach out to me or any member of the OAOS staff—we are here to ensure you have a productive and enjoyable conference.

Sincerely,
Kathryn Schabel, MD
OAOS President

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Oregon Association of Orthopaedic Surgeons. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

AMA Credit Statement:

The American Academy of Orthopaedic Surgeons designates the Oregon Association of Orthopaedic Surgeons 2025 Annual Orthopaedic Conference, September 26-27, 2025, in Portland, OR (live activity) for a maximum of **12.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Policy:

In accordance with the requirements of the ACCME, each instructor, staff, planning committee member, and all in control of content for this continuing education activity, have disclosed any affiliations with, or financial interests in ineligible companies whose primary business is producing, marketing, selling, re-selling or distributing healthcare products used by or on patients with which you have a relevant financial relationship now, or within the prior 24 months. **All relevant financial relationships have been mitigated.**

2025 Disclosures



FACULTY DISCLOSURES

Annunziato (Ned) Amendola, MD, FAAOS (Submitted 8/8/2025)

IP Royalties: Arc Techtonics, Rubber City Bracing

Stock Option: Bone Solutions, Miach

Other Professional Activities: Arthrex

Board or Committee Member: AAOS

Editorial or Governing Board: American Journal Sports Medicine

Kathleen Drago, MD (Submitted 7/15/2025)

Fiduciary Officer: Housecall Providers, Meals on Wheels People

Other Professional Activities: Institute for Healthcare Improvement

Employment: AgeRight Clinical Services

Thomas Huff, MD (Submitted 8/6/2025)

Other Professional Activities: DJO, LLC, Smith & Nephew, Inc.

Ryland Phillip Kagan, MD (Submitted 4/8/2025)

Other Professional Activities: OrthAlign Inc, Enovis, Smith and Nephew Orthopaedic

Board or Committee Member: AJRR Research Committee,

AAOS Hip Program Committee, AAHKS Evidence Based Medicine Committee

Tony Rocklin, PT, DPT (Submitted on: 8/17/2025)

Stock: MedRock, Inc

Ronald Turker, MD (Submitted 7/22/2025)

IP Royalties: Discloser

Board or Committee Member: Silver Service Children's Foundation

Mark B. Wagner, MD (Submitted 8/12/2025)

Stock: Stryker Corporation

THE FOLLOWING FACULTY MEMBERS REPORTED NOTHING TO DISCLOSE:

Jordan Brandon, PT, DPT (Submitted 7/21/2025)

Dane Jensen Brodke, MD (Submitted 7/18/2025)

Justin N. Brohard, DO (Submitted 7/16/2025)

Christopher Cychosz, MD (Submitted 6/5/2025)

Jessica A. Dorrington, PT (Submitted 8/8/2025)

Craig Gillis, DO (Submitted 8/5/2025)

Ryan Ivie, MD (Submitted 7/24/2025)

Timothy L. Keenen, MD (Submitted 4/9/2025)

Thomas LaGreca (Submitted 8/6/2025)

Robert G. Martindale, MD, PhD (Submitted 8/16/2025)

Mark Mildren, MD (Submitted 8/25/2025)

Omar F. Nazir, MD (Submitted 7/27/2025)

Avital O'Glasser, MD (Submitted 6/26/2025)

George S. Oji, MD (Submitted 7/21/2025)

Travis Philipp, MD (Submitted 7/16/2025)

Leslie Sanchez-Goettler, MD (Submitted 7/24/2025)

Jeana Lyn Summers, DO (Submitted 8/7/2025)

Jennifer Truax, PT, DPT (Submitted 7/25/2025)

Michael Yoo, MD (Submitted 8/6/2025)

Corey J. Vande Zandschulp, MD (Submitted 8/20/2025)

Natalie Lacey Zusman, MD (Submitted 6/30/2025)

PLANNING COMMITTEE DISCLOSURES

Andrea Herzka, MD, FAAOS (Submitted 10/01/2024)

Board or Committee Member: Oregon Association of Orthopedic Surgeons

Elizabeth Lieberman, MD, FAAOS (Submitted 7/29/2025)

Board or Committee Member: AAHKS Women in Arthroplasty Committee

Editorial or Governing Board: Arthroplasty Today Social Media Editor

Other Professional Activities: Zimmer Biomet Holdings, Inc.

Kathryn Schabel, MD, FAAOS (Submitted 1/2/2025)

Fiduciary Officer: Oregon Association of Orthopaedic Surgeons,

Western Orthopaedic Association

Board or Committee Member: Oregon Association of Orthopedic Surgeons,

Western Orthopedic Association

Other Professional Activities: Zimmer Biomet Holdings, Inc.

The following planning committee members reported nothing to disclose:

Craig Gillis, DO (Submitted 8/5/2025)

Sudeep Taksali, MD, FAAOS (Submitted 4/11/2025)

STAFF DISCLOSURES

These individuals reported nothing to disclose:

Amy Chartier (Submitted 7/29/2025)

Shelley Marie Shirley, BS (Submitted 7/15/2025)

Sabrina Riggs, BS (Submitted 7/29/2025)

AGENDA

September 26, 2025



| | | |
|-------------------|--|--------------------------------------|
| 7:00 AM | REGISTRATION BREAKFAST BUFFET EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Patient Optimization Panel | Moderator: Sudeep Taksali, MD |
| 7:30-8:00 AM | Peri-op Nutrition: Does it really make a significant difference? | Robert Martindale, MD, PhD |
| 8:00-8:15 AM | Patient Optimization: Prehab | Jordan Brandon, DPT |
| 8:15-8:30 AM | Preop Medical Co-morbid Condition Optimization | Avital O'Glasser, MD |
| 8:30-8:45 AM | Panel Discussion and Q&A | |
| | GLP-1 Panel | Moderator: Sudeep Taksali, MD |
| 8:45-9:15 AM | Moving Patients Safely to the Table: Obesity Medicine for Orthopedic Practice | Leslie Sanchez-Goettler, MD |
| 9:15-9:30 AM | Anesthesia Management for Orthopedic Patients on GLP-1 Therapy | Ryan Ivie, MD |
| 9:30-9:45 AM | Panel Discussion and Q&A | |
| 9:45-10:15 AM | BREAK EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Foot & Ankle Panel | Moderator: Justin Brohard, DO |
| 10:15-10:30 AM | Evolution in the Management of Syndesmosis Injuries | Ned Amendola, MD, FAAOS |
| 10:30-10:45 AM | Ankle Arthritis Management: Fusion vs Arthroplasty | Justin Brohard, DO |
| 10:45-11:00 AM | Advances in Arthroscopy of the Foot and Ankle | Ned Amendola, MD, FAAOS |
| 11:00-11:15 AM | Treatment of Ankle Fractures in the Aging Population | Christopher Cychosz, MD |
| 11:15-11:30 AM | Panel Discussion and Q&A | |
| 11:30 AM-12:15 PM | LUNCH EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Annual Meeting/Legislative Update | Moderator: Robert Orfaly, MD |
| 12:15-12:45 PM | AAOS 2025 Update - NON-CME | Ned Amendola, MD, FAAOS |
| 12:45-1:00 PM | OAOS Annual Business Meeting - NON-CME | Kathryn Schabel, MD |
| 1:00-1:15 PM | Oregon Legislative Update - NON-CME | Sabrina Riggs, OAOS Lobbyist |
| | Tips & Techniques for the Aging Surgeon Panel | Moderator: Robert Orfaly, MD |
| 1:15-1:30 PM | To Maintain or Sustain: A Thousand Cuts | Ron Turker, MD |
| 1:30-2:15 PM | Surgical Ergonomics, Injury and Safety | Omar Nazir, MD |
| 2:15-2:30 PM | Intraoperative Fluoroscopy Radiation Cataract Risk: This Could be You | Timothy Keenan, MD |
| 2:30-3:00 PM | Surgeons as Performance Athletes: A Plan and System to Stay in the Game | Jennifer Truax, PT, DPT |
| 3:00-3:15 PM | Panel Discussion and Q&A | |
| 3:15-3:45 PM | BREAK EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Orthopedics for the Aging (Ageless) Athlete Panel | Moderator: Craig Gillis, DO |
| 3:45-4:00 PM | Dinks, Swingers & Multis: Joint Replacements for the Aging Athlete | Mark Mildren, MD |
| 4:00-4:15 PM | Adjunct Rehab Considerations for the Aging Athlete | Jessica Dorrington, PT |
| 4:15-4:20 PM | Panel Discussion and Q&A | |
| | Treatment Approach for Younger vs Older Panel | Moderator: Andrea Herzka, MD |
| 4:20-4:40 PM | ACL Reconstruction in the Skeletally Immature Patient | Jeana Summers, DO |
| 4:40-4:55 PM | To Replace or to Preserve the Hip: Clear as Mud | Mark Wagner, MD |
| 4:55-5:10 PM | Open Surgical Management of Femoroacetabular Impingement | Thomas Huff, MD |
| 5:10-5:25 PM | Management of Knee Osteoarthritis in the Young Patient | Ned Amendola, MD, FAAOS |
| 5:25-5:35 PM | Panel Discussion and Q&A | |
| 5:35-6:30 PM | RECEPTION - DESCHUTES FOYER | |



AGENDA

September 27, 2025

| | | |
|--------------------|--|---|
| 7:30 AM | REGISTRATION BREAKFAST BUFFET EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Treatment Approach for Younger vs Older Panel (Hips) | Moderator: Natalie Zusman, MD |
| 8:00-8:20 AM | Hip Dysplasia: The Young and Old(er) | Natalie Zusman, MD |
| 8:20-8:40 AM | Acetabulum Fractures: Young High Energy | Dane Brodke, MD |
| 8:40-9:00 AM | Hip Dysplasia: Adolescent/Young Adult | Ryland Kagan, MD |
| 9:00-9:15 AM | Panel Discussion and Q&A | |
| | Medical Revenue Recovery Panel | Moderator: Robert Orfaly, MD |
| 9:15-10:15 AM | The No Surprises Act: Implementation, Impact and Implications for Physician Practice | Michael Yoo, MD & Thomas LaGreca Callagy Recovery |
| 10:15-10:45 AM | BREAK EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Other Hip Topics Panel | Moderator: Andrea Herzka, MD |
| 10:45-11:00 AM | Integrating Pelvic Floor Considerations in Hip Evaluations: A Comprehensive Approach for Orthopedic Surgeons | Jessica Dorrington, PT |
| 11:00-11:30 AM | Hip Disorders in Active People | Tony Rocklin, PT, DPT |
| 11:30-11:45 AM | Navigating Postpartum Lumbo-Pelvic-Hip Complex Pain: Insights for Orthopedic Practice | Jessica Dorrington, PT |
| 11:45 AM -12:00 PM | Geriatric Acetabular Fractures | Corey Vande Zandeschulp, MD |
| 12:00-12:15 PM | Panel Discussion and Q&A | |
| 12:15-1:00 PM | LUNCH EXHIBITOR VISITS - DESCHUTES FOYER | |
| | Aging Population Panel | Moderator: Kathryn Schabel, MD |
| 1:00-1:30 PM | Age Friendly Health Systems: Tips for Orthopedic Surgeons | Katie Drago, MD |
| 1:30-1:45 PM | Age Considerations in Elective Spine Surgery: Increasing Indication For Cervical Disc Arthroplasty (CDA) | George Oji, MD |
| 1:45-2:00 PM | Osteoporotic Spine Fractures: Treatment Options and Lessons Learned | Travis Philipp, MD |
| 2:00-2:15 PM | Adhesive Capsulitis of the Shoulder: Frozen in Time? | Craig Gillis, DO |
| 2:15-2:30 PM | Panel Discussion and Q&A | |
| 2:30 PM | ADJOURN | |



OREGON
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Thank you for joining us at this year's conference. We look forward to seeing you again in 2026!

SAVE-the-DATE!

September 25-26, 2026

Best Western Plus Hood River Inn | Hood River, OR



2025 FACULTY



NED AMENDOLA, MD, FAAOS

Duke Health/AAOS President

Ned Amendola, MD, is currently the Virginia Flowers Baker Distinguished Professor of Orthopaedic Surgery and Director of Sports Medicine at Duke University. In addition, he is the Head Team Physician and Chief Medical Officer for Duke Athletics.

Dr. Amendola has been involved in many orthopedic and sports medicine organizations and is currently President of the American Academy of Orthopedic surgeons (AAOS). He is Past President of the AOSSM and was a member of the Board of Directors of OREF, AAOS, ABOS, AOSSM, AANA, ISAKOS, and was the Past President of the Canadian Academy of Sport Medicine.

Throughout his career, Dr. Amendola has focused on improving the quality of orthopedic care through clinical practice, education, and research. He has received numerous peer-reviewed grants, and published over 350 peer-reviewed articles, as well as authored an extensive number of book chapters and editor of eight textbooks in sports medicine, foot and ankle, and arthroscopy. Dr. Amendola has many research awards including the Kappa Delta Award from AAOS in 2012 and 2019 and Excellence in Research Award, Cabaud and O'Donohue awards from the AOSSM.



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Timothy Keenen, MD
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Tom LaGreca
Callagy Recovery
Paramus, NJ

2025 FACULTY



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Portland, OR

2025 EXHIBITORS



OREGON ASSOCIATION OF ORTHOPAEDIC SURGEONS
THANKS OUR 2025 EXHIBITORS FOR THEIR
GENEROUS SUPPORT OF THIS CONFERENCE!

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