

## 2023 OAOS Annual Orthopaedic Conference Agenda

### FRIDAY, OCTOBER 20, 2023

TIME	Course #	LECTURE NAME	SPEAKER
7:45 - 8:25 AM		<b>Registration/Breakfast Buffet</b>	
8:25 - 8:30 AM		<b>President's Welcome</b>	
<b>PANEL #1: Physical Therapy - Moderated by Robert Sandmeier, MD</b>			
8:30 - 9:00 AM	1	From Youth Athlete to College to Pro: The Athlete Mindset	Jeron Mastrud, CEO & Co-Founder
9:00 - 9:20 AM	2	Importance of Loading in Physical Therapy with Tendinopathy	Josh Davis, PT, DPT
9:20 - 9:45 AM	3	Power Training as an Aspect of Rehabilitation: Return to Sport	Michael Makher, PT, DPT
9:45 - 10:05 AM	4	Data Driven Return to Sport: Beyond the Post-Operative Timelines	Kaitlyn Schlueter, PT, DPT
10:05 - 10:20 AM		<b>15-Minute Q&amp;A</b>	
10:20 - 10:50 AM		<b>Break/Exhibitor Visits</b>	
<b>PANEL #2: Pediatric Sports - Moderated by Robert Sandmeier, MD</b>			
10:50 - 11:10 AM	5	Youth Sports Specialization - How Do We Change The Trend?	Nirav K. Pandya, MD
11:10 - 11:40 AM	6	Becoming a High School Team Physician: Rabbit Holes and Responsibilities	Michael C. Koester, MD
11:40 - 12:00 PM	7	Dealing With Failure in Pediatric Sports Surgery - Strategies for Revision	Nirav K. Pandya, MD
12:00 - 12:15 PM		<b>15-Minute Q&amp;A</b>	
12:15 - 1:15 PM		<b>Lunch Break/Exhibitor Visits</b>	
<b>PANEL #3: Knee Dislocations - Moderated by Tamara Simpson, MD</b>			
1:15 - 1:45 PM	8	Multi-Center STAR Trial Talk	Andrea Herzka, MD
1:45 - 2:15 PM	9	Acute vs Delayed Surgery, Rehab Protocols for Delayed or Non-Operative Candidates CASE STUDIES	Andrea Herzka, MD
2:15 - 2:30 PM		<b>15-Minute Q&amp;A</b>	
<b>PANEL #4: Spine - Moderated by Emily Nguyen, MD</b>			
2:30 - 2:45 PM	10	Return to Activity After Surgery in Idiopathic Scoliosis	Michelle Welborn, MD
2:45 - 3:00 PM	11	Adoption of New Technology in Spine Surgery	Michelle Welborn, MD
3:00 - 3:10 PM		<b>10-Minute Q&amp;A</b>	
3:10 - 3:40 PM		<b>Break/Exhibitor Visits</b>	
<b>PANEL #5: Knee Injuries in Young Athletes - Moderated by Robert Sandmeier, MD</b>			
3:40 - 4:00 PM	12	Pediatric ACL Reconstruction - What's New?	Nirav K. Pandya, MD
4:00 - 4:20 PM	13	Quadriceps Tendon Autograft for ACL Reconstruction	Christopher L. McCrum, MD
4:20 - 4:35 PM	14	Treatment of Patellofemoral Malalignment/Patellofemoral Instability in a Skeletally Immature Individual	Jeana L. Summers, DO
4:35 - 4:50 PM		<b>15-Minute Q&amp;A</b>	
<b>PANEL #6: Resident Research Paper Presentations - Moderated by Kathryn Schabel, MD</b>			
4:50 - 5:00 PM		Increased Opioid Use in Patients with Ehlers-Danlos Syndrome Before and After Total Hip Arthroplasty	Mackenzie Kelly, MD
5:00 - 5:10 PM		Pediatric Extensor Pollicis Longus Rupture After Distal Radius Fracture	Carson Twiss, DO
5:10 - 6:10 PM		<b>Hosted Reception/Exhibitor Visits</b>	

## 2023 OAOS Annual Orthopaedic Conference Agenda

**SATURDAY, OCTOBER 21, 2023**

TIME	LECTURE NAME	SPEAKER
<b>7:30 - 8:00 AM</b>	<b>Breakfast Buffet/Exhibitor Visits</b>	
<b>PANEL #7: Out of the Office - Moderated by Sudeep Taksali, MD</b>		
<b>8:00 - 8:15 AM</b>	<b>15</b> A Lifetime of Learning: Scoliosis Research Society Traveling Fellowship	Michelle Welborn, MD
<b>8:15 - 8:30 AM</b>	<b>16</b> Resilience in the Orthopaedic Patient	Peters T. Otlans, MD
<b>8:30 - 8:40 AM</b>	<b>10-Minute Q&amp;A</b>	
<b>PANEL #8: Value-Based Health Care Payment &amp; Delivery Models - Moderated by Robert Orfaly, MD</b>		
<b>8:40 - 9:40 AM</b>	<b>17</b> From Burnout to Balance: How Making the Transition to Value-Based Health Care Promotes Physician Well-being	Kevin Bozic, MD, MBA
<b>9:40 - 9:50 AM</b>	<b>10-Minute Q&amp;A</b>	
<b>9:50 - 10:20 AM</b>	<b>Break/Exhibitor Visits</b>	
<b>PANEL #9: Advocacy &amp; AAOS</b>		
<b>10:20 - 11:20 AM</b>	<b>18</b> AAOS Update	Kevin Bozic, MD, MBA
<b>11:20 - 11:50 AM</b>	<b>19</b> AAOS Advocacy & OrthoPAC Update	Wayne A. Johnson, MD
<b>11:50 - 12:05 PM</b>	Annual Meeting/President's Report	
<b>12:05 - 12:20 PM</b>	Oregon Legislative Update	
<b>12:20 - 12:50 PM</b>	<b>Lunch/Exhibitor Visits</b>	
<b>PANEL #10: Sports-Shoulder/Elbow - Moderated by Craig Gillis, DO</b>		
<b>12:50 - 1:05 PM</b>	<b>20</b> Recent Advances in Elbow UCL Ligament Repair	Cay M. Mierisch, MD
<b>1:05 - 1:20 PM</b>	<b>21</b> Evolving Arthroplasty Concepts in Shoulder Osteoarthritis Management	Cay M. Mierisch, MD
<b>1:20 - 1:30 PM</b>	<b>10-Minute Q&amp;A</b>	
<b>PANEL #11: Sports Injuries Around the Hip - Moderated by Elizabeth Lieberman, MD</b>		
<b>1:30 - 1:45 PM</b>	<b>22</b> Updates on Proximal Hamstring Repair	Peters T. Otlans, MD
<b>1:45 - 2:00 PM</b>	<b>23</b> Proximal Hamstring Injuries and Treatment	Andrea Herzka, MD
<b>2:00 - 2:30 PM</b>	<b>24</b> Osseointegration: The Latest & Greatest?	Stephen Wallace, MD
<b>2:30 - 2:45 PM</b>	<b>15-Minute Q&amp;A</b>	
<b>2:45 PM</b>	<b>Adjourn</b>	